



## Riding Guidelines for CBC Rides

***Rule # 1 "Enjoy the Ride and Ride to Enjoy".***

***Rule # 2 "Every Rider Return Home Safely After a Great Time".***

To ensure these two rules are never broken we have established some Guidelines to help all riders in our group make good decisions while riding. They are as follows:

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- Formation Riding
- \* Riding will be in a staggered formation with the Road Captain on the front left or front center.
  - \* Bikes should maintain approximately a two second interval from the bike directly in front of you.
  - \* ABSOLUTELY NO "HORSE PLAY" OR DANGEROUS RIDING OF ANY KIND WILL BE TOLERATED.
  - \* Any rider observing dangerous activity should discuss it with the offender in attempt to lovingly correct the problem. If the problem persists, the Road Captain should be notified. The Road Captain has the absolute authority to expel a rider from any ride or event for the safety of the group, the image of Christ and Covenant Fellowship Church.
  - \* Use common sense at all times.
  - \* Pay attention to the riders surrounding you.
  - \* All riders will execute hand signals and turn signals properly.
  - \* Everyone should arrive with a full tank of fuel and tanks should be topped off at stops as needed.
  - \* No rider should break formation or make any moves until directed to do so by the Road Captain.
  - \* If the rider in front of you should break formation, you should move forward and fill the position.
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- \* The Road Captain makes all decisions regarding lane changes, stops, etc.
  - \* All lane changes start with a signal from the Road Captain.
  - \* The Road Captain will give the proper hand and turn signals, and should be followed from front to the rear of the formation.
  - \* **ROAD HAZARDS:** This signal can be initiated by anyone by simply pointing at the hazard. All riders following will repeat this procedure.
  - \* If a bike breaks down or a rider pulls out of formation –DO NOT STOP. Tighten up the formation by moving directly ahead to fill the empty space.
  - \* Let the Road Captain know there is a problem by blinking headlight and waving your left arm. All riders should repeat this going forward until the Road Captain is aware that there is a problem.
  - \* The Assistant Road Captain (or last rider) will stop to assist with the problem.
  - \* The Road Captain will stop the group at the nearest and safest place and he or his designee will return and determine what action is to be taken.
  - \* The group will get underway as soon as possible under the direction of the Road Captain to finish the ride.
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***Thank you for your attention to the safety of all of the rides with CBC.***

*Born to Ride, Born Again to Ride Forever!!!*

*CBC*